



# WoSPGHaN

www.wospghan.scot.nhs.uk

West of Scotland Paediatric Gastroenterology, Hepatology and Nutrition Managed Clinical Network

Newsletter Spring/Summer 2014

## Welcome to the WoSPGHaN Newsletter

The newsletter is intended to keep you updated on what is going on within the network. We will let you know about:

- New developments
- The work being undertaken by the subgroups
- Forthcoming events, including educational and family days
- Feedback from previous events

## WoSPGHaN Lead Clinician: Dr Paraic McGrogan

The WoSPGHaN MCN has now been established for 5 years, with strong links between professionals, allowing effective care for patients. The network has been well received by all, with positive feedback from children and their families. The focus on delivering as much care locally has seen the frequency of shared care clinics increase; transfer of Infliximab infusions for IBD patients to local units, and more acute management of complex patients in their “home” hospital.

Success has been due to sharing ideas and experiences and ongoing commitment of all to education and networking.

Well done everyone!!

Editorial  
Group

**News from your area?  
Please contact the  
Editorial Team to let us  
put it into print.**

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**Some new Faces—**  
Since our last edition of the newsletter there have been a number of changes within the network, with a few new faces taking up post. (See our section on What’s new!)

# What's New!

## New faces in the network are:

**Richard Hansen** who has taken up the post of 5th Consultant in Yorkhill. Welcome Richard, we'll get you involved in something I'm sure.

**Muhammad Azhar Iqbal**—Link Consultant for Clyde. Welcome too, We've seen him at a few events and hopefully he'll continue to join our education events. We also hope to get him involved in the network.

**Michelle Brooks**—post of Enteral Nutrition Nurse Specialist.

**Mhairi Davidson**, Dietitian in Dumfries & Galloway.

**Lynsey Shanks**—Is now Lynsey Chundoo as she has married.

**Maureen Kinney** has taken over as manager with **Michelle Nolan** taking on the role of administrator. Maureen brings to the post lots of experience both of the NHS and the workings of MCNs as she previously managed the Scottish Paediatric Endocrine Network. Michelle also has a wealth of NHS experience and we are sure they will both benefit the network greatly.

## Moving on are:

**Marianne Hayward**, the network manager has left post to take up the position of Head of Dietetics for NHS Ayrshire and Arran.

**Arlene Johnston** who was the admin assistant with Marianne also left to take on a new career.

**Jennifer MacDonald**—Clinical Psychology is leaving for pastures new.... Forth Valley.

**Heather Knox**, Chair of our network tendered her resignation as chair of the steering group at the end of September 2013 as she took up a new post in NHS Fife. **Janette Fraser**, has kindly agreed to take on the role and will be our link with Regional Planning.

## Launch of New Enteral Nutrition Documentation

The new competency packs for both staff and parents whose children are discharged home on enteral feeding were launched at the WOSPUGHAN Education day in March and are being used at Yorkhill. The plan is to use this documentation throughout the network including schools.

## Varicella Guideline

The Varicella Guideline developed by Lee Curtis, IBD nurse, is now available on the website. A hard copy will be available from the MCN Office.

## New Service—

Gillian Smith Paediatric Dietitian at Wishaw General Hospital has successfully established a dietetic led service for coeliac patients. This has been very well received by families locally.

## Abstracts / Audits—

An abstract by Nicola Laird, Paediatric Dietitian, comparing the new guidelines for the diagnosis of coeliac disease with patients who underwent biopsies won the best abstract prize at a national meeting in London.

Congratulation Nicola.

**The Coeliac** service at Yorkhill and the other network areas within WOSPUGHAN, have adopted the new guidelines for the diagnosis of coeliac disease in children. This means that for some symptomatic children who have high tTG's and positive HLA typing then the diagnosis can be confirmed without a biopsy. Patients should still be offered the option of a biopsy if the family wish.

<http://adc.bmj.com/content/98/10/806.full.html>

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## Coeliac Service -

Two very successful coeliac days were held during 2013.

The first was for families and was held in Pollokshields Burgh Hall in February and attracted over 100 adults and children. As well as a variety of companies displaying their gluten free products and talks from health professionals; there was a cookery demonstration and entertainment to keep everybody happy.



The second day was for health professionals throughout the West of Scotland and again was very well attended and received very positive feedback.

**Liver families** had another successful trip to the Winter Wonderland at Valley Park in Lanarkshire. This was the second year the network organised this event. The children get a chance to have fun in the softplay, whilst parents catch up over a coffee. Following lunch Santa arrives on his train and the families visit him in his grotto. Lets hope we can organise a similar event for 2014.



## WoSPGHaN MCN Chair: Janette Fraser

Janette Fraser has taken over the Chair of the MCN from Heather Knox, who has moved to a new post in NHS Fife. Janette was seconded to the post of West of Scotland Regional Planning Director in November 2013, and previous to this was a Senior Planning Manager in NHS Forth Valley. She has held a range of operational, project and planning management posts in Forth Valley, Glasgow and Clyde and Lanarkshire over a 26 year period and is a graduate of Edinburgh and Strathclyde Universities.

Janette has a keen interest in improving patient care by collaborating across Board boundaries to create optimum service models for healthcare delivery and wants to ensure that the network can continue to support Boards to deliver innovative and high quality care for our young patients.

## Network Sub-groups continue to take forward objectives from the work plan.

### Enteral Nutrition

A comprehensive database is about to be launched to capture information on all children discharged home on enteral nutrition. This will initially be piloted within Yorkhill then shared with our colleagues within the network. We have also done some work around clinical standards for patients on enteral nutrition.

Supplies for patients are another area we have looked at and sent a questionnaire to ten families to find out their experience. As expected some patients receive a huge number of supplies from different companies and others found it difficult in chasing up on supplies. A co-ordinator has been employed to try and capture this data to see if we can improve the quality of the patient's experience and support they received.

### Transition

Two focus groups were held with patients who are getting ready for transition and patients who have gone through the process. The patients and parents came along and discussed the process and the positives and negatives for the patient. The nurses, dietitian and psychologist facilitated at the evening and a report on the outcome of the groups will be distributed.

Many teenage patients have successfully gone through transition to Glasgow Royal Infirmary, Victoria Infirmary, Wishaw General, Hairmyres, Crosshouse, Royal Alexandra Hospital & Dumfries & Galloway.

## **Education**

The WoSPGHaN MCN educational sub group was started in August 2012 with a core group of representatives from all of the professional groups involved in the MCN, invited to become members. Terms of reference for the group and an educational strategy for the MCN were written and agreed in 2013.

The Education sub-group meet quarterly to discuss the WoSPGHaN workplan, identify service development priorities and determine the educational and training needs of all clinicians involved in providing services for children throughout the West of Scotland with gastroenterology, hepatology and nutritional conditions.

Check the website for updates ([www.wospghan.scot.nhs.uk](http://www.wospghan.scot.nhs.uk))

Each year a calendar of educational programmes and training opportunities that aims to support all the clinicians to develop local services, and provide care and treatment that is evidence based and best practice, is agreed by the members of this group.

Responsibility for leading on the development of annual educational days is delegated to appropriate WoSPGHaN members and supported by the clinical nurse educator and the MCN staff. Education and training sessions for all members of the multi-disciplinary team are provided throughout the year and these are co-ordinated by Dr Barclay and the clinical nurse educator.



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## **IBD**

New national guidelines for treatment of IBD were launched in October 2013. The network hosted an education day on 20 March 2014 at the Beardmore Hotel to inform network members and clinicians with an interest. More Information can be had by contacting the MCN office.

The IBD audit showed

- great MDT support for children during inpatient stay.
- Improved microbiology stool surveillance, although emphasis is on continuing with this improvement.

Infliximab infusions are now being delivered in Dumfries and Crosshouse. Wishaw will commence infusions and training sessions have been arranged for Forth Valley. Once training is completed infusions will be delivered locally for patients.

Modulen study in the network will be starting towards end of 2014.



# Upcoming events

## Patients

The network will be rolling out the patient experience questionnaire at clinics. This will be completed on iPads at the clinic, and you will be asked to complete after your consultation. This will help inform the network on improvements that can be made, if required. This has already been piloted in Glasgow, and report is available on WoSPGHAN website.

The network will continue to support family events and we will be looking at organising some events over the year. Keep your eyes open for our fliers.

## Professionals

### **CPD telemed session**

27 August 2014

1230—1400 Telemed Room, Yorkhill

“Treatment guideline for Crohn’s disease”

### **AHP Quarterly Meeting**

16 September 2014

QM Lecture Theatre— 1230-1600

Enteral feeding education event.

Lunch will be provided at start of meeting

### **SSPGHAN**

20-21 November 2014

Stirling Management Centre

More details will come out in the next few months.

Contact for this event is Karen Fraser  
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